

WORKSHOP FOR MENTAL HEALTH PROVIDERS

Trauma-Informed Cognitive Behavioral Analysis System of Psychotherapy

This four-day workshop will focus on the fundamentals of the Cognitive Behavioral Analysis System of Psychotherapy (CBASP), with an emphasis on adaptations that provide a trauma-informed approach.

Participants will learn about CBASP as an integrated theory as well as a practical, skill-based method, including thoughtful and disciplined involvement to promote change in their patients' interpersonal relationships.

Participants can expect to learn about and how to conduct:

- Significant other history and interpersonal impact inventory
- Depression and trauma timelines
- Transference hypothesis
- Trauma impact hypothesis
- Situational analysis and future situational analysis
- Interpersonal discrimination exercise
- Contingent personal responsivity

This workshop will provide the required content and experiential learning for CBASP mentorship and certification. CBASP, developed by James McCullough, Ph.D., is the evidence-based treatment for Persistent Depression Disorder. However, a significant number of individuals experiencing chronic depression report co-morbid symptoms related to trauma, which is addressed in this workshop.

Workshop Details

- **What:** 4-day workshop exploring CBASP from trauma-informed perspective.
- **When:** Friday, April 24 - Monday, April 27, 2020
- **Where:** University of Michigan Central Campus, Rackham Graduate School 915 East Washington St. Ann Arbor, MI 48109
- **Who should attend:** Clinicians interested in learning more about CBASP and/or trauma-informed approaches or seeking CBASP certification.
- **Cost:** \$850 (\$50 discount when you register by Feb. 24.) CEUs available by request during registration.
- **How:** Register for this in-depth workshop on our website: mari.umich.edu/psych-clinic/cbasp-2020

Presenters Include:



Todd Favorite, Ph.D., ABPP

Director, University Psychological Clinic;
Clinical Psychologist and Associate
Professor, U-M Medical School and
Rackham Graduate School



Massimo Tarsia, Ph.D.

President of International CBASP Society
Clinical Psychologist, Midlothian
Psychological Therapies Service in
Scotland, UK



James P. McCullough, Ph.D.

Clinical Psychologist and Distinguished
Professor Emeritus, Virginia Common-
wealth University; Developer of CBASP

Joining via teleconference

Hosted By:

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